



# Title of Conference: Understanding the Spectrum of Childhood Encephalitides including PANDAS & PANS

Day and Date: February 22, 2022 Time Frame: 8:00 a.m. – 3:00 p.m. (EST)

Location: Live Virtual CE Conference via Zoom



This activity was planned by and for the healthcare team, and learners will receive 6.5 Interprofessional Continuing Education (IPCE) Credits for learning and change.



Course Director: Souhel Najjar, MD In cooperation with:



Understanding the Spectrum of Childhood Encephalitides including PANDAS & PANS Day and Date: February 22, 2022 Time Frame: 8:00am-3:00pm (EST)

## Program Agenda

7:45 AM	Late Registration - Virtual Exhibit Hall
8:00 AM	Welcome Introduction Souhel Najjar, MD, Northwell Health Diana Pohlman, Executive Director, PANDAS Network
8:10 AM	Bringing Attention to Childhood Pediatric Autoimmune Encephalitis, The Challenges We Must Face in Neurology Souhel Najjar, MD
8:50 AM	<b>2019 AAN Guidelines: Clinical Approaches to Autoimmune Encephalitis in the Pediatric Patient and Role of the Autoimmunity Found in the PANS Clinic</b> Eyal Muscal, MD, MS
9:20 AM	PANS: Clinical Experience in IVIG Treatment in 55 Children and Findings of Oxidative Stress & Gut-Derived Lipopolysaccharides in Children with PANS Albert Spalice, MD, PhD
9:50AM	Panel Round Table – Q & A Session
10:20 AM	Break/Virtual Exhibit Hall
10:30AM	Antibodies from Children with PANDAS Bind Specifically to Striatal Cholinergic Interneurons and Alter their Activity Christopher Pittenger, MD, PhD, FAPA, FANA
10:50 AM	The Role of Adaptive Immunity and Genetic Risk Factors in Vascular and Neuronal Dysfunction in Post-Infectious Autoimmune Encephalitis Dritan Agalliu, PhD
11:10 AM	Metabolomic Characterization of Children with PANS Antonella Gagliano, MD, PhD
11:30 AM	Proinflammatory Dopamine-2 Receptor-Specific T cells in Pediatric Movement and Psychiatric Disorders Fabienne Brilot, PhD
11:50 AM	Panel Roundtable / Q&A
12:20 PM	Break/Virtual Exhibit Hall
12:30 PM	Patients Who Have Overcome Illness

	Tracey Grady – Young Child with PANDAS Christy Jagdfeld – Young Adult with PANDAS & Dysautonomia Diana Pohlman – Two Siblings 7 & 12 yrs PANDAS Onsets
12:40 PM	Immune Mediated Pediatric Encephalitis (Four Cases) of Pediatric Seronegative Onset: Need for Comprehensive Evaluations and Consensus Guidelines Julia Shekunov, MD
1:10 PM	SARS-CoV-2 Related Pediatric Acute-Onset Neuropsychiatric Syndrome Case Study: 12-year-old Boy and Overlap with PANS Symptomatology Piero Pavone, MD, PhD
1:40 PM	Challenges Treating Acute PANDAS/PANS (aka Basal Ganglia Encephalitis): Press for Care & Overcome Obstacles Yuval Shafrir, MD
2:10 PM	Final Roundtable – Q & A
2:40 PM	<b>Closing Remarks</b> Souhel Najjar, MD
3:00PM	Conference Adjourns

## Understanding the Spectrum of Childhood Encephalitides including PANDAS & PANS Day and Date: February 22, 2022 Time Frame: 8:00am-3:00pm (EST) Live Virtual CE Conference, via Zoom

**Statement of Need:** This conference will focus on the pathological mechanisms that can cause autoimmune encephalitis, a disease of the central nervous system, and the methods of diagnosis and treatment. The conference will focus on emerging basic science evidence and clinical treatment approaches for, PANDAS, PANS and seronegative encephalitis will be discussed together with best practices surrounding the complex diagnosis and treatment of these diseases.

Discussions will include a review of the troubling overlap of mental illness diagnostic challenges of PANS and other autoimmune encephalitides for all medical professionals, especially Neurologists and Psychiatrists, will be discussed and strategies for future directions in improved diagnostic methods will be considered. This activity brings together a multi-disciplinary approach to a new field of medicine and will consider best practices from various specialties.

**Program Objectives**: All Northwell Health CME activities are intended to improve patient care, safety, and outcomes. At the conclusion of this conference participants should be able to:

**Discuss** various case examples to assist with a practical guide to the exams, diagnosis and treatment of autoimmune encephalitis patients.

**Obtain** new knowledge to assist with the recognition and creating treatment plans for autoimmune encephalitis, including the recognition of the psychological manifestations of the disease.

**Utilize** case presentations, applying pedagogical principals, evidence-based literature citations, audience engagement and measured improvement in sequential experiences.

**Target Audience:** MD/DOs, NPs, PAs, RNs, EMTs, Psychologists, Fellows, Residents, and Students and all members of the healthcare team interested in autoimmune encephalitis and its neurological effects.

Joint Accreditation Statement: In support of improving patient care, this activity has been planned and implemented by Northwell Health and the PANDAS Network. Northwell Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



Physicians: Northwell Health designates this live for a maximum of 6.5 *AMA PRA Category 1 Credits*<sup>TM</sup>. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Nurses: Northwell Health designates this activity for 6.5 ANCC contact hours.

Physician Assistants: Northwell Health has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 6.5 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Psychologist:

Social Work:

Verification of Attendance: Will be provided to all professionals.

Location: Live Virtual CE Conference via Zoom

Course Offering and Registration Fees: No Charge - Northwell Employees and Affiliates No Charge - Fellows, Residents, and Students \$75.00 - Non-Northwell Physicians \$25.00 - Non-Northwell PAs, PTs, NPs, RNs, all others

**Registration Fee includes**: course materials, entry to virtual conference, and CME/Verification of Attendance Certificate.

**Cancellation Policy**: To receive a refund, all cancellations must be confirmed via email to Belinda Spatola-Pantina (<u>bspatola@northwell.edu</u>), Office of Continuing Medical Education by Monday February 14, 2022. An administrative fee of \$10 will be kept for all cancellations. No refunds will be made after this date or for "no-shows."

**Disclosure Policy:** Northwell Health adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CME-CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies. All relevant financial relationships have been mitigated prior to the commencement of the activity.

**Americans with Disabilities Act:** This conference is in compliance with provisions of the Americans With Disabilities Act (ADA) and is accessible for individuals with special needs. If you would like to attend this conference and require any special needs or accommodations, please contact the Office of CME at (516)-266-2263.

## **Course Director:**

## Souhel Najjar, MD

Chairman of Neurology Long Island Jewish Medical Center North Shore University Hospital Staten Island University Hospital Lenox Hill Hospital Executive Director, Neurology Service Line Senior Vice President, Neurology Service Line Northwell Health Professor, Zucker School of Medicine at Hofstra/Northwell

## Faculty:

## Dritan Agalliu

Principal Investigator, Agalliu Lab Assistance Professor Department of Neurology, Pathology Cell Biology, Pharmacology Columbia University

#### Fabienne Brilot, PhD

Child & Adolescent Health Brain & Mind Center The Children's Hospital at Westmead Assoc. Professor, Principal Research Fellow University of Sydney, Australia

Antonella Gagliano, MD Child Psychiatry University of Cagliari Italy

**Tracey Garrett** Guest Patient Massachussetts

## Christy Jagdfeld, CPA\* PANDAS Network

Guest Patient

## Beth Latimer, MD

Neurology Clinical Assistant Professor

#### Georgetown University

#### Paul J. Mattis, PhD\*

Psychology Northwell Health Associate Professor Zucker School of Medicine at Hofstra/Northwell

#### Eyal Muscal, MD, MS

Pediatric Rheumatology Texas children's hospital Associate Professor of Pediatrics Baylor College of Medicine

#### Piero Pavone, MD

Neuropsychiatry Department of Clinical and Experimental Medicine University of Catania, Italy

#### Christopher Pittenger, MD, PhD, FAPA, FANA

Asst. Director of Translational Research, Psychiatry and Neuroscience Research Training Program Connecticut Mental Health Center Mears & Jameson Professor of Psychiatry Professor in the Child Study Center Yale University

#### Diana Pohlman

Executive Director PANDAS Network Guest Patient

#### Yuval Shafrir, MD

Pediatric Neurology Mercy Hospital, Missouri

#### Julia Shekunov, MD

Child and Adolescent Psychiatry Mayo Clinic Rochester, Minnesota Assistant Professor, Psychiatry Mayo Clinic College of Medicine and Science

#### Alberto Spalice, MD

Dept. of Pediatrics and Neuropsychiatry Sapienze University

Rome, Italy

#### \*Planner

## **Conference Planning Committee:**

Paul J. Mattis, PhD Souhel Najjar, MD

## **Conference Coordinated By:**

Christy Jagdfeld, CPA Treasurer, Board of Directors PANDAS Network

Diana Pohlman, Executive Director PANDAS Network

Kelly Wexlar, MBA, Program Director Neurology, Northwell Health

Northwell Health's Office of Continuing Medical Education Mary B. Strong, MA, Assistant Vice President Michelle Dula-Harris, MHA, Senior CME Program Administrator Belinda Spatola-Pantina, Project Manager