

Health Humanities in Translation

29-30 May 2026



Friday, 29 May

Accreditation of participants 8.30 – 9.20 am

Opening ceremony 9.20 – 9.40 am

SESSION PROGRAMME

1st SESSION 9.40 am - 1 pm

Chairs: Paolo Leombruni, *University of Turin* - Silvio Romano, *University of L'Aquila*

Opening Speech:

9.40 am Amalia Egle Gentile, *Istituto Superiore di Sanità*

Narrating, Creating, Connecting: A Health Humanities Framework for Education, Care and Wellbeing

Health humanities for health education and professional training:

10.00 am *Keynote Speech*

Eivind Engebretsen, *University of Oslo*

Why Sustainability Cannot Be Taught as Implementation: A Translational Humanities Approach to Health Professions Education

10.35 am Giuseppe Familiari, *Sapienza University of Rome*

The teaching of medical humanities in Italian undergraduate medical and surgical degree courses: a general survey

10.55 am Fabrizio Consorti, *Sapienza University of Rome*

Drawing isn't just for kids: graphic novels and dual coding to unlock new perspectives

11.15 am Alessandro Franceschini, *Società Italiana di Pedagogia Medica (Italian Society of Medical Pedagogy)* - Francesca Tusoni, *University of L'Aquila*

Exploring the impact of teaching medical humanities from an integrated perspective

11.35 am

Coffee Break

Oral presentations (*presenting author)

12.10 am Clelia D'Apice* (*University of Parma*)

Translating Global Health: Teaching Social Determinants and Structural Inequalities in an Interdisciplinary Curriculum

12.20 am Elona Zhiva Prifti, Vittorio Masotta* (*University of L'Aquila*), Angelo Dante, Valeria Caponnetto, Ilaria Paoli, Gianluca Azzellino, Loreto Lancia, Cristina Petrucci

Enhancing Empathy in Nursing Education: A Three-Year Longitudinal Experimental Study on the Impact of Theory-Practice Integrated Interventions

12.30 am Sabrina Saccoccia* (*Campus Bio-Medico*), Claudio Pensieri, Chiara Grattarola, Rossana Alloni

Understanding the Patient Through Experience: A Training Pathway Integrating Play, Practice, and Awareness. The Contribution of Learning by Playing and Learning by Doing in Nursing Education

12.40 am Barbara Forastefano* (*Tor Vergata University of Rome*), Dania Comparcini, Ercole Vellone, Francesco Pastore, Claudia Lombardozzi, Beatrice Gullo, Giancarlo Cicolini, Valentina Simonetti

Artificial Intelligence Literacy, Artificial Intelligence Anxiety, Self-Efficacy and Self-Esteem Among Students of Master of Sciences in Nursing: Cross-Sectional Study

12.50 am Paola Ferri, Mariangela Lucantoni, Ilaria Saguatti* (*University of Modena and Reggio Emilia*)

Nursing Students' Perceptions of the Involvement of the Patient Educator in the Undergraduate Nursing Program: A Qualitative Study

1.00 pm Discussion

1.10 pm

Lunch Break

2nd SESSION 2 - 6 pm

Chairs: Paolo Villari - Giovanni Galeoto, *Sapienza University of Rome*

Health humanities for healthCare:

2.10 pm Roberto Boccalon, *International Association for Art and Psychology*

CREATIVE CIRCLE: Images, words, stories in psychiatric rehabilitation.

2.30 pm Nicola Modugno, *IRCCS NeuroMed*

The role of Arts and Dance in Parkinson's Disease management

2.50 pm Arianna Viarchi, *University of L'Aquila* – Antonella Mattei, *University of L'Aquila*

From Listening to Care Access: A Person-Centred Reception Model for War Refugees

3.10 pm Antonia Chiara Scardicchio, *University of Bari*

"E d'ogni male mi guarisce un verso": Poetic posture as a posture of complexity: hybridizing Health Humanities and systemic approach

3.30 pm Marco Testa, *Società Italiana di Medicina Narrativa (Italian Society of Narrative Medicine)*

Narrative Medicine and Clinical Practice: Reflecting on Narrative as a Core Dimension of Care

3.50 pm

Coffee Break

Oral presentations (*presenting author)

4.20 pm Cristiana D'Aprile* (*University of Foggia*), Anna Nunzia Polito, Antonella Dell'Era, Giusi Dilorenzo, Alessandra Gabellone, Massimiliana Barbano, Paolo Del Vecchio

My Inner Quirk: pilot project on emotional regulation with manga in the child neuropsychiatry department of Riuniti Hospital in Foggia

4.30 pm Alessandra Squeo* (*University of Bari*), Rosita Belinda Maglie, Antonia Chiara Scardicchio, Gaetano Falco, Maristella Gatto, Pierpaolo Martino, Mariacristina Petillo, Annarita Taronna

Metaphors of Care on Prospero's Island: Translating The Tempest into Health Humanities Practice

4.40 pm Rosita Maglie* (*University of Bari*), Annarita Taronna, Francesca Filograsso, Dario Loparco, Sara Carparelli, Anastasia Flores, Sara Iaia, Maria Sergi, Carmela Lovero, Francesco Tramacere

Shakespearean Metaphorical Anecdotes as Clinical Tools to Enhance Empathy and Communication in Breast Cancer Care

4.50 pm Marco Albanese* (*Conservatory of Music "Agostino Steffani" - Castelfranco Veneto*), Mariagrazia Baroni, Grazia Pezzopane, Filippo Giordano

Improvisational Music Therapy and Computational MIDI Analysis in Schizoaffective Disorder: A Convergent Mixed-Methods Single-Case Study

5.00 pm Annamaria D'Ostilio* (*Hospital of Giulianova*)

Medical Humanities: The healing monologue in the art of Frida Kahlo

5.10 pm Sara Balzan* (*Hospital Santo Spirito of Rome*)

The Ego in caring, un convenient quiddity

5.20 pm Angelo Pirreco (*Tor Vergata University of Rome*)

Translating Lived Experiences of Pre-Dialysis Chronic Kidney Disease into Actionable Care Needs: A Health Humanities Approach

5.30 pm Discussion

Saturday, 30 May

3rd SESSION 9 am – 1 pm

Chairs: Maurizio Marceca, *Sapienza University of Rome* - Raffaella Pajalich, *Società Italiana di Medicina Narrativa (Italian Society of Narrative Medicine)*

Health humanities for health promotion and wellbeing:

9.00 am **Keynote Speech**

Brenda Bogaert, *Centre Hospitalier Universitaire Vaudois, Université de Lausanne*

Affective injustice in healthcare

9.35 am Megan Tjasink, *Saint Bartholomew's Hospital - London*

Art Therapy for Clinician Burnout: Evidence from the CHArt Randomised Controlled Trial

9.55 am Giampaolo Martinelli, *Saint Bartholomew's Hospital - London*

Social prescribing, core competence and feasibility

Oral presentations (*presenting author)

10.15 am Giuliano Anastasi* (*University of Enna 'Kore'*), Cesar Ivan Aviles Gonzalez, Giovanni Gioiello, Silvia Oggioni, Roberto Latina

Are we training humanized nurses? A cross-sectional study on humanization of care and its determinants in Italian nursing students

10.25 am Paola Franceschini* (*University of Pavia*)

Moral erosion in Emergency Departments: a new framework for understanding healthcare professionals' moral suffering

10.35 am Anna De Benedictis * (*Campus Bio-Medico*), Elena Sandri, Anna Marchetti, Silvia Dsoke, Giorgia Petrucci, Chiara Mastroianni, Rosaria Alvaro, Maria Grazia De Marinis, Michela Piredda

Perceived Support from Tutors, Counselors, and Peers: Associations with Stress and Spiritual Well-Being in Nursing Students

10.45 am Discussion

10.55 am

Coffee Break

11.25 am Symposium

Narratives of Student Life: Wellbeing, Vulnerability, and the PROBEN Project

1.00 pm **Closing ceremony**

SYMPOSIUM PROGRAMME (Saturday, 30 May)

Narratives of Student Life: Wellbeing, Vulnerability, and the PROBEN Project

30 May 2026 | 11:25 – 13:00 Hosted by University of L'Aquila

Chairs: Massimo Casacchia - Rita Roncone, *University of L'Aquila*

Symposium Rationale

This symposium is situated within the framework of the PROBEN initiative (*Progetti per il BENessere*), funded by the Italian Ministry of University and Research (MUR), which supports projects aimed at promoting the psychophysical wellbeing of university students. Within PROBEN, particular attention is devoted to the role of narrative practices in exploring students' lived experiences, including dimensions of psychological vulnerability, social connectedness, and digital life. By bringing together interdisciplinary perspectives, the symposium aims to examine how narrative, clinical, and creative approaches may contribute to a deeper understanding of student wellbeing and to the development of supportive interventions within higher education contexts.

11:25 – 11:45

Living the University Between Vital Connections and Loneliness: Trajectories of Psychological Wellbeing Among Students

Claudia Mazzeschi, Livia Buratta, Elisa Delvecchio, Veronica Raspa, and the Me.Mo2 Unipg Research Group

Department of Philosophy, Social and Human Sciences and Education, University of Perugia, Italy

11:45 – 12:05

Narrative Diaries of Students Engaging with the University Counseling and Consultation Service: A Four-Year Perspective (english)

Rita Roncone¹, Laura Giusti¹, Silvia Mammarella¹, Dalila De Luca¹, Alessandro Franceschini², Cristina Cenci², Massimo Casacchia¹

¹ University Counseling and Consultation Service (SACS); Department of Clinical Medicine, Public Health, Life and Environmental Sciences, University of L'Aquila, Italy

² DNM-Digital Narrative Medicine, Roma, Italy

12:05 – 12:25

Music Therapy and the Health Humanities in Youth Anxiety Disorders: Music as an Experiential and Therapeutic Modality

Grazia Pezzopane, Filippo Giordano Second-Level Academic Program in “Theories and Techniques in Music Therapy”, Conservatory Alfredo Casella, L'Aquila, Italy

12:25 – 12:45

Constructing Student Wellbeing in Higher Education: Digital Wellbeing and Digital Distress Through the Lens of Social Media Narratives (english)

Laura Orsolini¹, Marianna Capecci², Umberto Volpe¹

¹ Unit of Clinical Psychiatry, Department of Experimental and Clinical Medicine, Polytechnic University of Marche, Ancona, Italy

² Unit of Neurorehabilitation, Department of Experimental and Clinical Medicine, Polytechnic University of Marche, Ancona, Italy

12:45 – 13:00: General Discussion

WORKSHOPS (Friday, 29 May)

Dance Well

Lead: Carlotta Bortesi, *Parkinson Onlus*

Location: Museum MAXXI L'Aquila

Time: Friday 29 May, 12.15 am - 1 pm. Guided walk to the museum at 12 am.

The Art of Reflection – Integrating Visual Thinking Strategies and Art Therapy for Reflective Learning in Healthcare

Lead: Giampaolo Martinelli - Megan Tjasink, *Saint Bartholomew's Hospital – London*

Location: MUNDA Museum

Time: Friday 29 May, 1st group at 5.20 pm, 2nd group at 5.50 pm

Art and Psyche

Lead: Roberto Boccalon, *International Association for Art and Psychology*

Location: Conference Venue (Polaris Building)

Time: Friday 29 May, 4.20 - 5.20 pm

Illness as a Material and Symbolic Event. Narrative Medicine as an Evolutionary Tool for Patient and Physician (La malattia come evento materiale e simbolico. La medicina narrativa come strumento evolutivo per il paziente e per il medico)

Lead: Antonia Chiara Scardicchio, *Univeristy of Bari* - Raffaella Pajalich, *Società Italiana di Medicina Narrativa (Italian Society of Narrative Medicine)*

Location: Conference Venue (Polaris Building)

Time: Friday 29 May, 5.20 - 6.30 pm

SOCIAL PROGRAMME (Friday, 29 May)

6.00-7.00 pm Guided walk through the City centre

Lead: Pietro Costanza, Alberto D'Annunzio

7.00-7.30 pm Theatre Show *Il piccolo Principe (The Little Prince)*

@Department of Human Sciences – University of L'Aquila

Drammaturgia e regia di (written and directed by): Maria Cristina Giambruno

Con la partecipazione delle studentesse e degli studenti del Corso di Laurea in
Tecnica della Riabilitazione Psichiatrica (with the participation of students from
the Bachelor's Degree Programme in Psychiatric Rehabilitation)

8.30 pm Social Dinner

Conference Languages: English/Italian (with translated subtitles)